

Mass Vaccination Process for COVID-19

※Those with a reservation can receive a vaccine.

※You can enter the site from 30 - 45 minutes before your reservation time.

※The staff will ask your reservation time. The staff will guide you, please follow their instructions.

※Be sure to wear a mask at the venue.

① **Upon Entrance:** Be sure to disinfect your hands. Take your temperature and wait in the seats for your turn.

② **Registration/Document Check:** Please show the following to the staff, clip them in a binder, and wait for your turn:

- Vaccination tickets (sent from the city), residence card, driver's license, health insurance (things which can verify your identity), prevaccination screening questionnaire (※prevaccination screening questionnaire must be written in Japanese.)

③ **Prevaccination Screening Questionnaire Check:** The staff will call recipients to the front desk one at a time to ask any questions they may have based on the prevaccination screening questionnaire

- Please answer the questions honestly, in order to avoid any physical complications after receiving the vaccine.

- Current health condition: How are you feeling? Please ask the staff if you have any worries.

- Medical Background: Do you see a doctor frequently? What kind of illness do you have?

Are you currently taking any medicine?

Are you taking any blood thinners (medicine for arrhythmia, thrombosis, heart disease etc.)?

- Allergies: Do you have any allergies?

Have you ever experienced an allergic reaction (anaphylaxis)?

Due to what? (ie. medicine for hair, detergent, cosmetics, etc...)

What kind of symptoms did you have at that time? (ie. swelling, itching, pressure in chest)

④ **Individual consultation (upon request):** You can consult staff about concerns due to personal illness.

⑤ **Prevaccination Screening Questionnaire**

- Receive your registration number for prevaccination screening in front of the ticket machine.

- Hold onto the ticket, and wait at the designated area.

- Your registration number will be called. (You can check it on the monitor display)

- Enter the room that the doctor is in.

- The doctor will ask you some questions (about your health condition/illnesses, etc.)

Vaccination: If there are no issues, you may then receive a vaccine (※ Please refer to the leaflet describing which people are unable to receive a vaccine.)

- When you receive the vaccine, the doctor will request that you present your shoulder (the one opposite of dominant hand), and may ask questions such as "Do you feel unwell?" and "Are your fingertips numb?" If you feel unwell, please inform the doctor immediately.

- Afterward, you will be cautioned not to scratch or excessively rub the area in which you received the vaccine.

⑥ **Issuance of the vaccination certificate**

- After leaving the room you will sit at the desk one by one, where you'll receive a certificate which serves as proof of vaccination. Please be sure to keep it. (It will be also used for your 2nd dose vaccination.)

- You will receive a paper (white or pink) with your required waiting time, as well as a prevaccination screening questionnaire and instructions for 2nd dose reservation.

※The (white or pink) paper shows the time when you can leave the site.

※ People who have any illnesses or allergies will receive the pink paper.

⑦ **Observation Period:**

People who receive the white paper will wait for 15 minutes, whereas those who receive the pink paper will wait for 30 minutes. If you have any side effects (headache, discomfort, vomiting, pain of injected area, swelling), please raise your hand.

⇒ You can leave the site if no issues appear within 15 - 30 minutes. Please return the (white or pink) paper which your waiting time is written on to the staff as you exit the site.

⇒ Please avoid strenuous physical activity on the day of vaccination. You can take a bath.

【Second Dose Reservation】

You can make a reservation for the 2nd dose after on the same day you receive your 1st dose.

※ For the Pfizer vaccine, there is a required waiting period of 21 days after 1st dose

There are staff who are able to help you with your reservation at the site. Please sit and wait for them at the reservation corner if you need their support.

※ There may not be Wi-Fi at the vaccination site. The staff are happy to help reserve the second dose on your behalf, so please do not hesitate to ask them.

※ 【People Ineligible for Vaccination】

The vaccine cannot be administered to people to whom the following apply:

- People who forget to bring identification (Residence Card, Driver's license, Health Insurance, etc...).
- People with the fever of 37.5℃ or higher.
- People suffering from serious acute illness.
- People who may suffer adverse effects when receiving a vaccine, such as:

こきゅうこんなん

•呼吸困難 (Dyspnea)/ Difficulty Breathing

ぜんめい

•喘鳴 (Stridor) / High-pitched wheezing sound caused by disrupted airflow

けつあつていか

•血圧低下 (Hypotension) / Abnormally low blood pressure, etc...

People who have not exceeded 18 days since their 1st vaccination.

People who've received a diagnosis that they should not be vaccinated after consulting with a doctor upon registering.

※ 【 Side effects ①:Symptoms which may occur immediately after vaccination】

- Anaphylaxis=Allergic reaction
- Hives (redness, itchy feeling), stomachache, vomiting, tightness in chest, decreased blood pressure
- faintness, lightheadedness, etc.

※ 【 Side effects ②:Symptoms which may occur within few days after vaccination】

- pain around the infected area, headache, fatigue
- muscle pain
- chills, diarrhea, fever, swelling around the injected area.
- nausea
- ※ You will be better within about 2 days after vaccination.
- ※ The side effects of 2nd dose may be more serious than those of the 1st dose.

Fukushima Prefecture Consultation Centre for Side Effects of COVID-19

(Open : every day, 9:00am - 8:00pm) 0 1 2 0 - 3 3 6 - 5 6 7 (Japanese)

※ Please call if your symptoms are serious or continue for more than two days after vaccination.

- Do not forget to make a reservation for the 2nd dose.
- Do not forget to practice measures to protect against COVID-19 after receiving your vaccine.
Avoid the- Three Cs" (Closed spaces, Crowded places, Close-contact settings), wear a mask, wash your hands, disinfect hands and fingers etc.